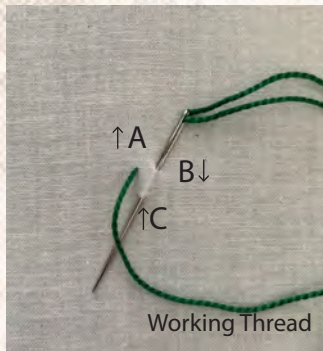


Twisted Fly Stitch

The Twisted Fly Stitch is a variation of the Fly Stitch. It may be worked in a row, as a column of stitches, or even in a circle as illustrated below.

①



1. Bring the needle and thread up at A. Take the needle down at B and out at C under the working thread.

②

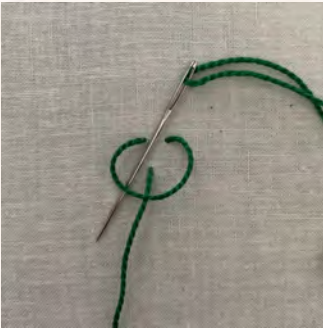


2. Pull the needle and thread through the fabric making a loop below points A and B. Keep the working thread under this loop.

3. Take the needle under the loop from top to bottom. Pull the thread down which will form a twist in the loop.

4. Take the needle and thread down at D to secure the stitch in place. This last stitch may vary in length from being a simple tacking stitch to a longer tail, depending on the desired effect.

③



④

