

Embroidery Design for Olson Face Mask

Finished Embroidered Design: 4" x 5"

This simple embroidery design will fit on the Olson Face Mask Pattern. Included are the instructions for stitching the design, embroidery stitch instructions, and a copy of the Olson Face Mask Instructions and Pattern.

A YouTube video is available for making the mask at:
<https://youtu.be/StMPYZ-waso>

A YouTube video is available for a filter option that fits inside the Olson Face Mask at: <https://youtu.be/aD43u9G9zi0>

Supplies:

- 1 - 18" x 21" fat quarter for outer mask
- 1 - 18" x 21" fat quarter for lining and filter pocket
- 2 - hair ties
- Colorfast Perle Cotton #8 for embroidery
- #22 Chenille needle



www.grahamcrackercollection.com

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FINISHED EMBROIDERY DESIGN: 4" x 5"

THE GRAHAM CRACKER COLLECTION

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Embroidery Key:

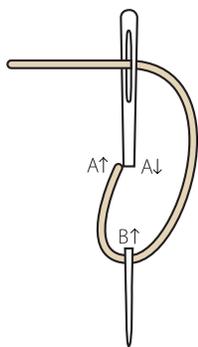
Stems - Stem Stitch

Straight Lines - Raised Buttonhole Stitch Leaf

Loops - Detached Chain Stitch, aka Laisy Daisies

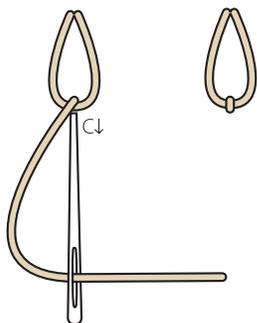
Instructions:

1. Fold the outer mask fabric in half right sides together. Place a piece of folded transfer paper inside the folded fabric. Place the above embroidery design pattern on the fabric and lightly trace the outside of the mask and the embroidery design.
2. Using Perle Cotton #8 and a #22 Chenille needle, embroider the design on the right side of both mask pieces following the Embroidery Key above.
3. Repin the Olson Face Mask pattern over the embroidered design aligning the traced line with the outer edge of the pattern. Cut one left and one right Face Mask.
4. Follow the Olson Face Mask pattern instructions or video for additional cutting instructions and to make the face mask.

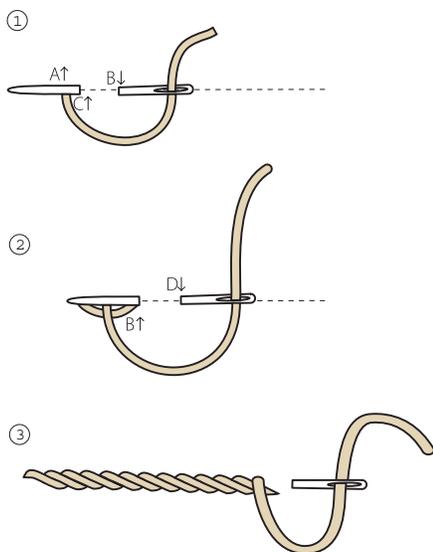


Detached Chain Stitch

1. Bring the needle and thread to the front at A. Take the needle to back close to A and re-emerge at B, with the working thread under the tip of the needle.
2. Pull the thread downwards, holding the loop in place with thumb. Note the tighter you pull, the thinner the stitch will become. Take the thread to back at C, over the base of the loop, completing the Detached Chain Stitch. This stitch is also known as a Lazy Daisy stitch.

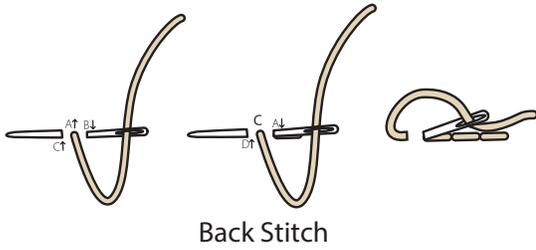


Stem Stitch



1. Lightly mark a line on the fabric. Bring the needle and thread to the front at A, the left end of the line. With the working thread below the needle, take the needle to the back at B and up at C halfway between A and B.
2. Pull the needle and thread through the fabric. Again with the thread below the needle, take the needle down at D and up at B.
3. Continue working stitches in the same manner across the line. Always keep the thread below the needle. To end, take the needle and thread to the back for the last stitch without re-emerging. Secure on back.

Raised Buttonhole Stitch Leaf



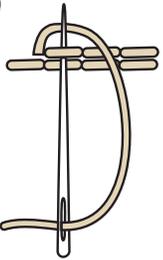
This little leaf is worked one side at a time. The size and shape of the leaf can change with the number and length of the Back Stitches and the choice of thread.

①

 Top of Leaf

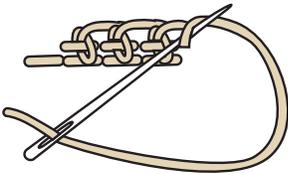
1. Make two rows of Back Stitches side by side. Stitch four Back Stitches for the first row. Stitch three Back Stitches right above the first row.

②



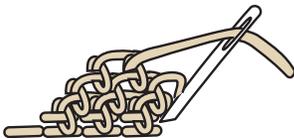
2. Working from the bottom of the leaf to the top, make one Raised Buttonhole Stitch in each of the three Back Stitches. The needle only goes under the Back Stitches. The needle does not pierce the fabric.

③



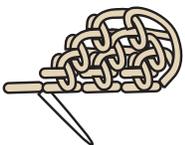
3. Working from the top to the bottom of the leaf, make three Raised Buttonhole Stitches in each of the previous three Raised Buttonhole Stitches.

④



4. Working from bottom to top of the leaf, make two Raised Buttonhole Stitches between the previous three Raised Buttonhole Stitches. Take the needle and thread to the wrong side at the top of the leaf.

⑤



5. Bring the needle and thread to the right side at the bottom of the leaf between the first and second Back Stitches on the first row. Repeat Steps 2 through 4 for the opposite side of the leaf.



Olson Mask

Made by: Clayton Skousen & Rose Hedges

Materials Needed



- Cotton Weave Fabric (~1/2 yard is enough to make 2-3 masks)
- All-Purpose Thread
- Hair Ties (2)
- 0.3 micron Filter
- Scissors
- Double-Sided Skin Adhesive

Instructions

1 Using the patterns, cut one of each shape. You will need six (6) total pieces.



3 Sew *mouth 1* and *mouth 2* together along *side 3*.



2 Sew *face 1* and *face 2* together along *side 3*.



4 On *mouth 1* and *mouth 2* sew fold *side 5* over 1/4 inch and sew down..



Instructions - continued

- 5 On *cheek 1* and *cheek 2* fold *side 6* over 1/4 inch and sew down.



- 6 Match *cheek 1* and *mouth 1* at the dotted line (7). Sew a 1-inch tack at *side 1* and *side 2* where the two pieces overlap.



- 7 Repeat Step 6 for *cheek 2* and *mouth 2*.

- 8 With the fronts of the fabric facing each other, sew along the entire perimeter of the mask.



- 9 Use one of the slits between the mouth and the cheek to turn the mask right-side out.



Instructions - continued

- 10 Add a hair tie to each side by folding the fabric on the end of the mask over the tie and sew down.



- 11 Apply double-sided skin tape around the contour of the mask to create the required seal.

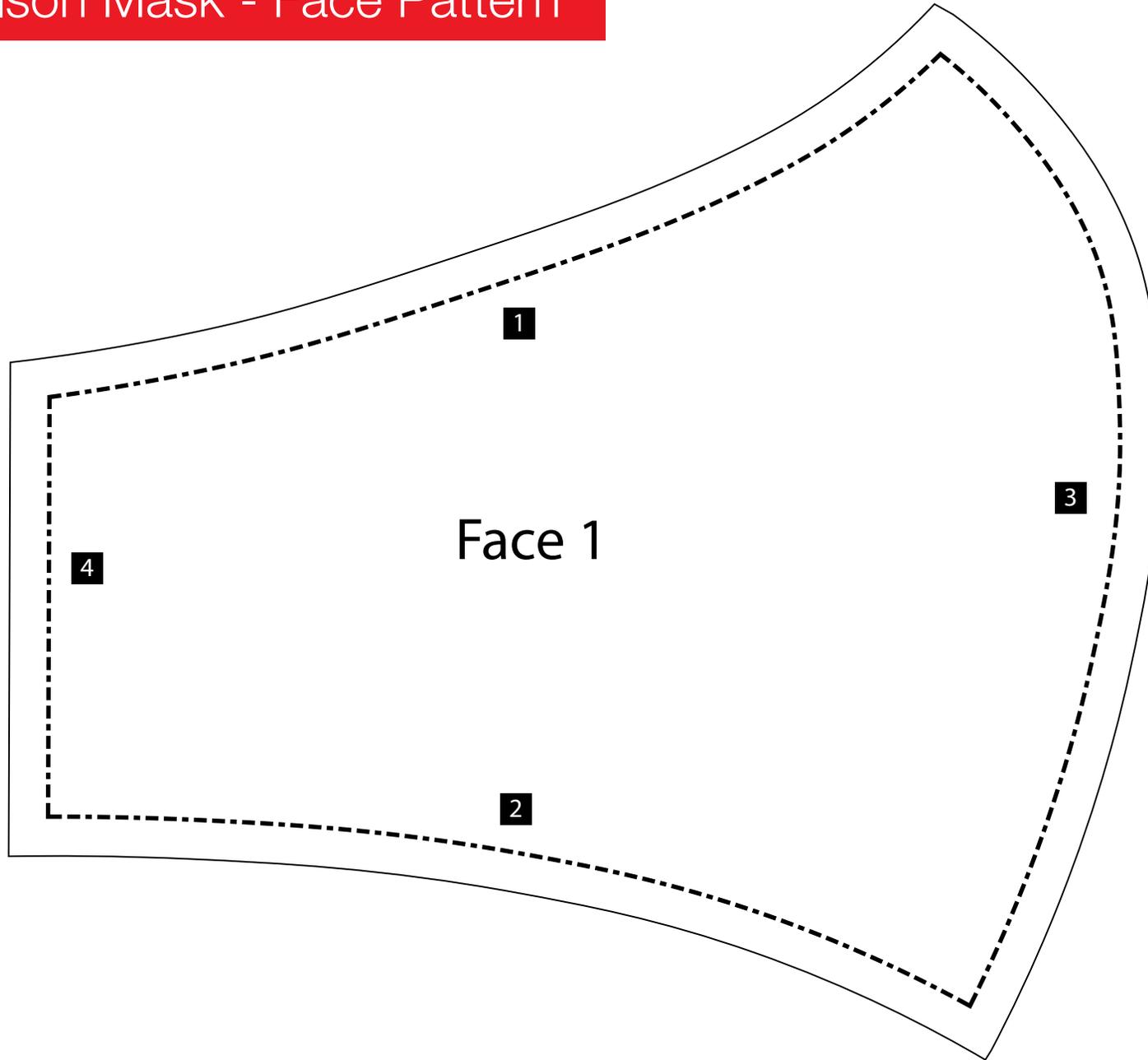


Additional Instructions

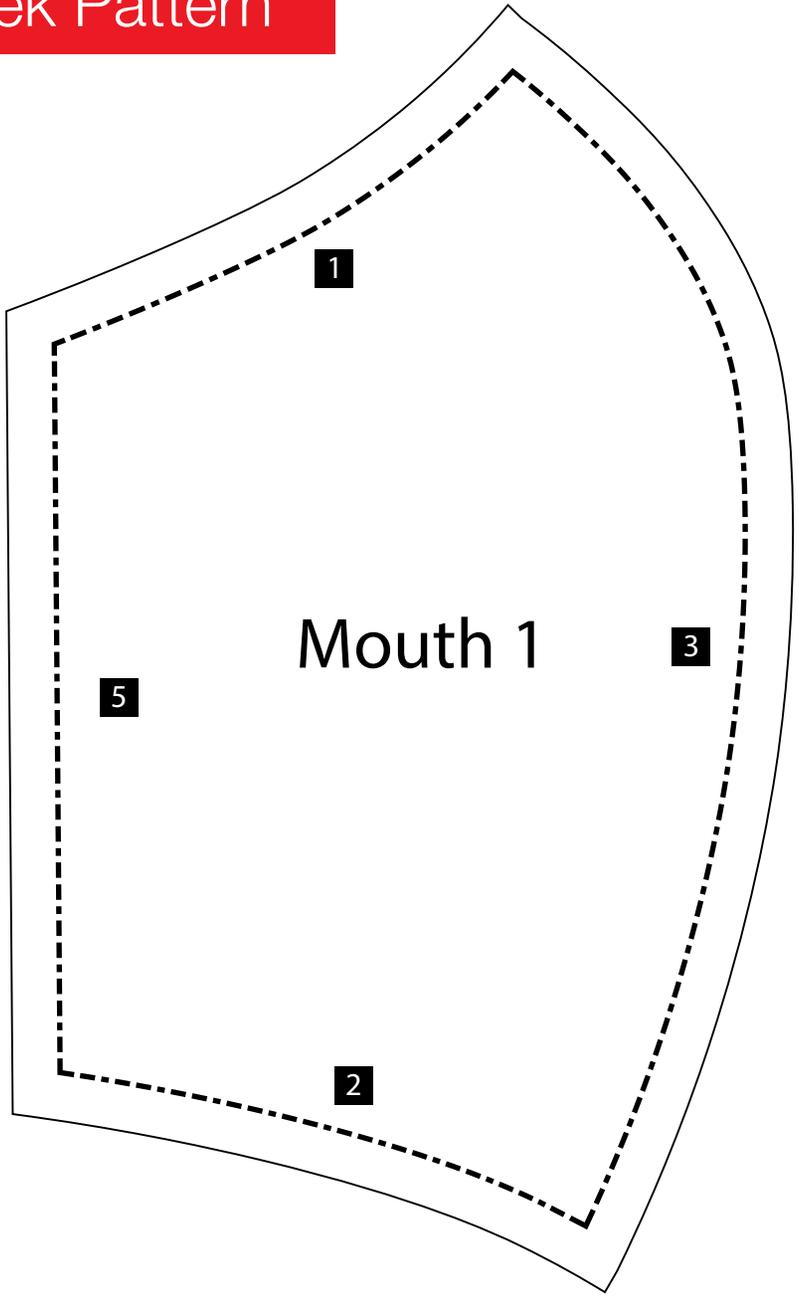
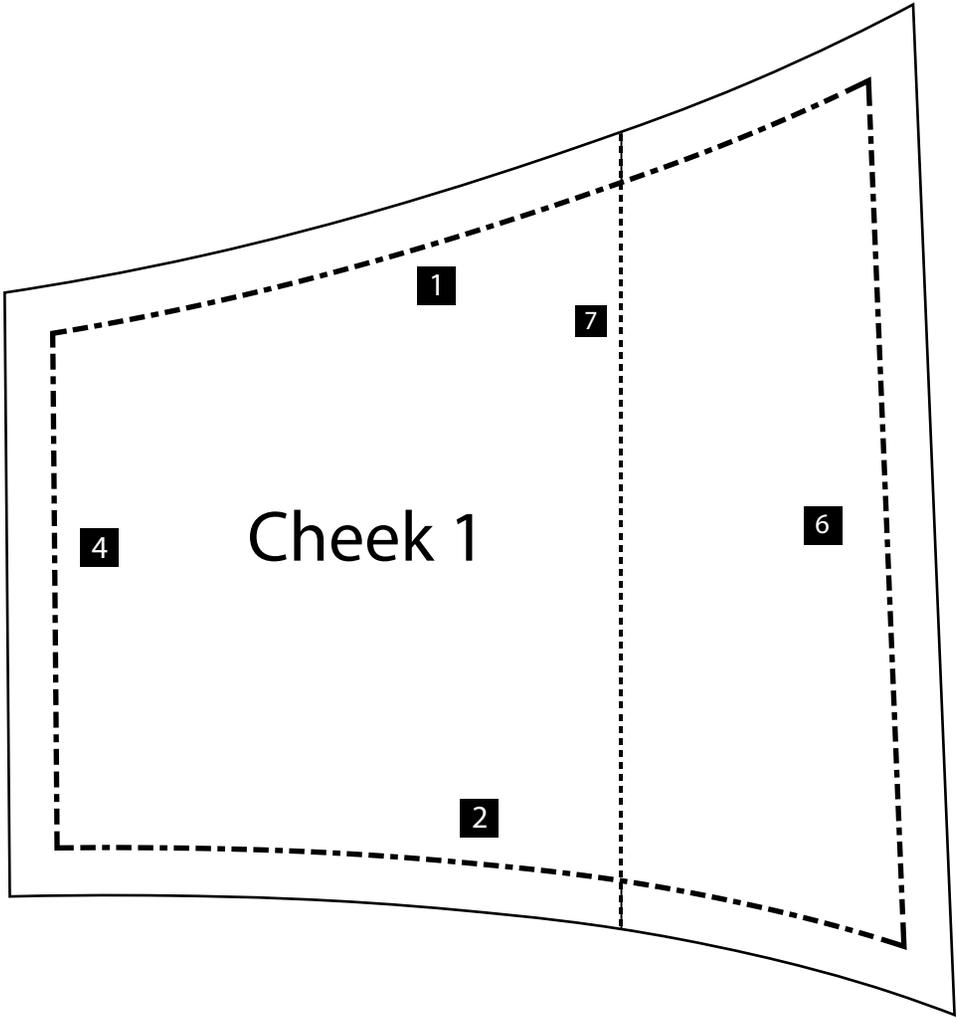
*Elastic will be applied at the hospital, to allow for different sizes to be made.

** for those making for yourself or other hospitals we are using 0.3 micron filters and inserting them in the pocket. We are also using wax coated string at the top for the mask to create bridge, allowing a better seal**

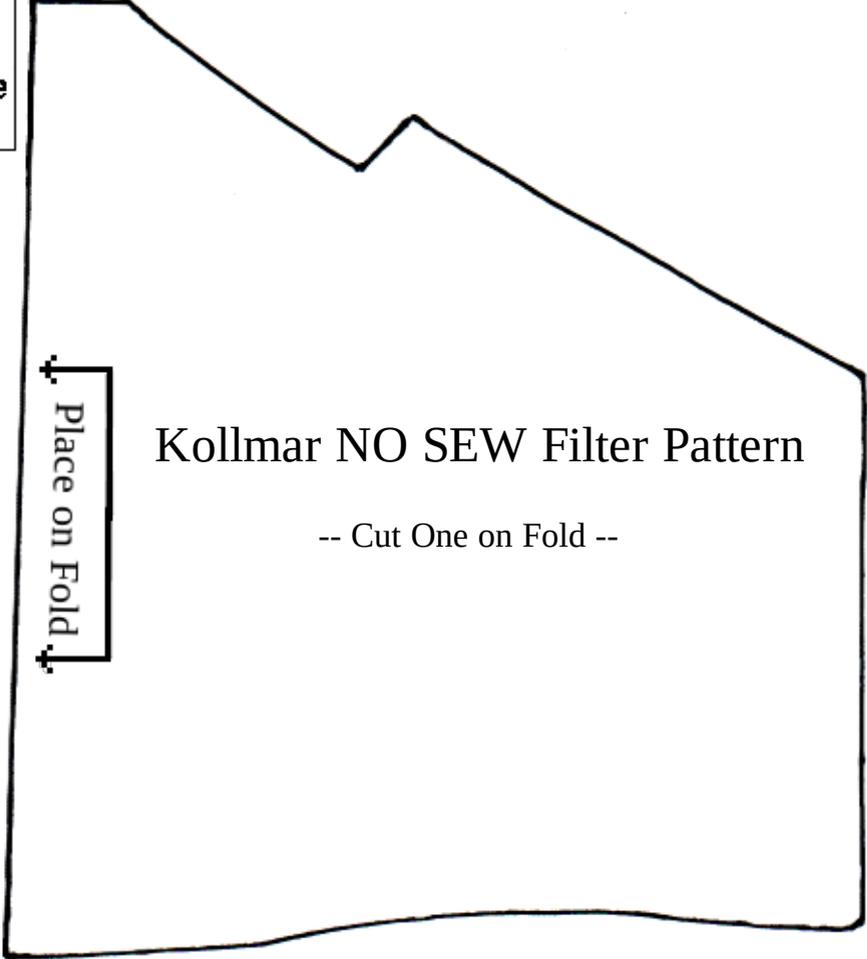
Olson Mask - Face Pattern



Olson Mask - Mouth & Cheek Pattern



1" x 1"
Test Square



Place on Fold