



Embellish

The next fun step in quilting!

appliqué

embroidery

ribbonwork

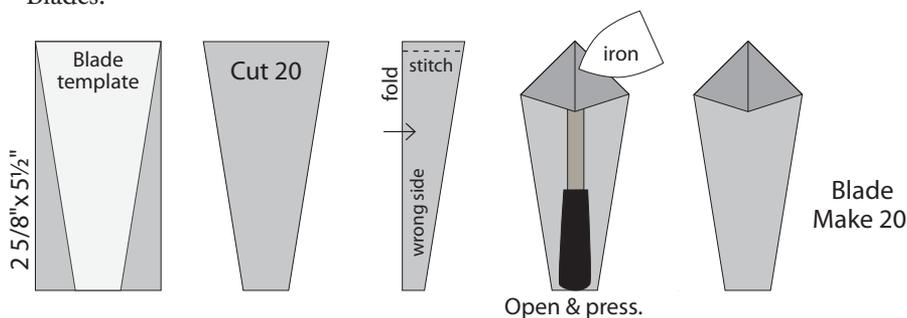
stumpwork



Fabric requirements: Assorted Prints 20–2 $\frac{5}{8}$ "x 5 $\frac{1}{2}$ "
 Background: 18" square
 Center Circle: 7" square
 Binding: $\frac{1}{4}$ yard
 Backing: $\frac{5}{8}$ yard

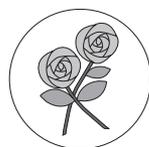
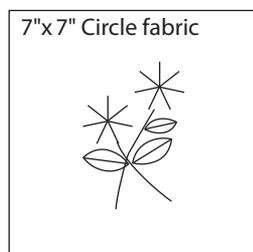
Use $\frac{1}{4}$ " seam allowance.

- 1 Blades:** (A) Make a Blade template. Use the Blade template to cut one Blade from 1–2 $\frac{5}{8}$ "x 5 $\frac{1}{2}$ " Print. Repeat to cut 20 Blades. Fold Blade in half right sides together. Stitch the top $\frac{1}{4}$ " from the top. Turn the top right side out. Hint: Use a Revlon Emeryl File to extend the point then press. Make 20 Blades.



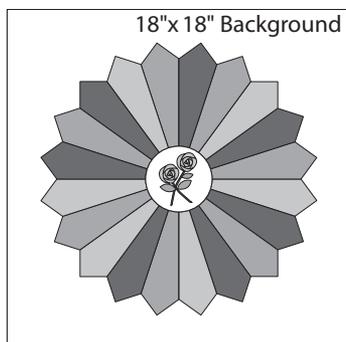
- 2 Embroidery:** Center and trace the flower template on the RS (right side) of the 7"x7" square. Hoop and embroider the design (see included stitch pages) as follows:

- Stems – Stem Stitch
- Leaves – Fishbone Stitch
- Roses – Spider Web Ribbon Roses with French Knot Center

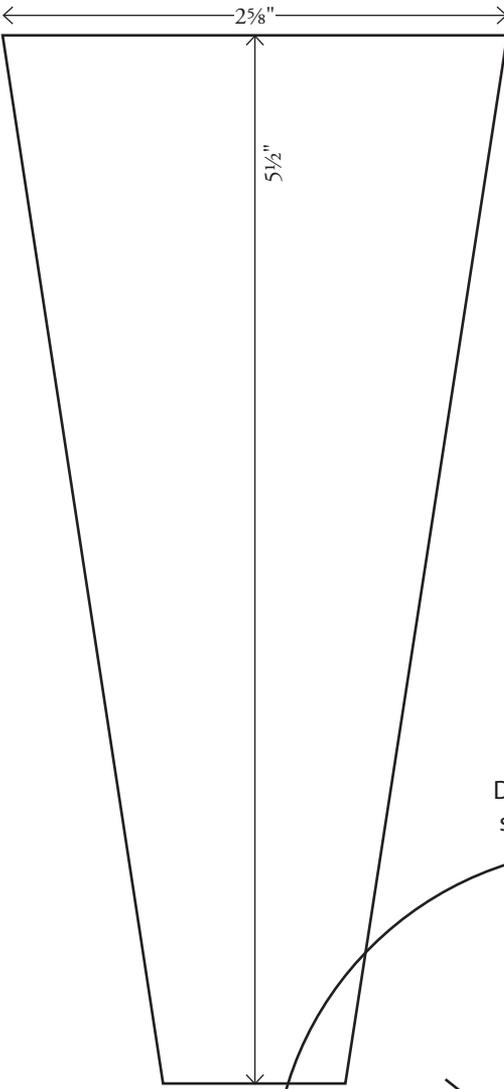


Trim embellished circle in preparation for appliqué in Step 3.

- 3** Combine 20 Blades. Center on 1–18"x 18" Background square. Pin in place. Center the Circle on the Blades. Appliqué.

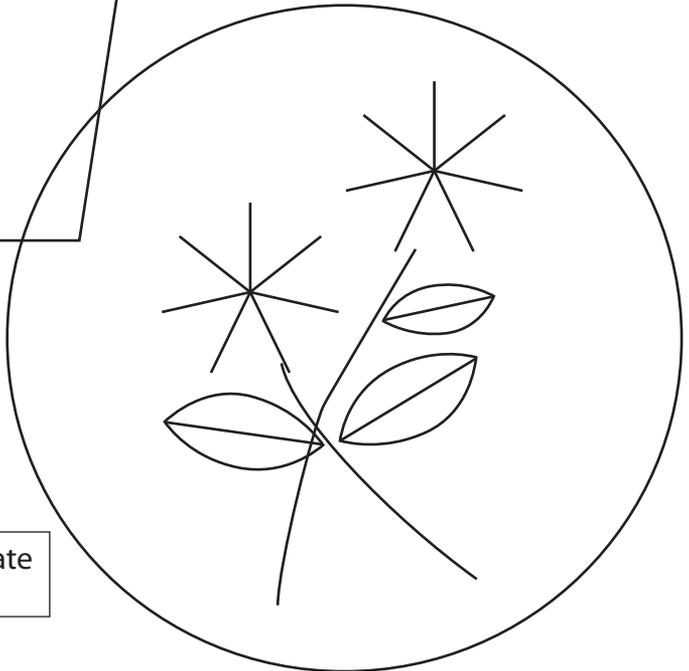


- 4** Cut 2–2 $\frac{1}{2}$ "x WOF strips for the Binding. Sew strips together. Layer, quilt and bind.



Wedge
Actual size
Includes seam allowance

$3\frac{1}{2}$ " Circle
Actual size
Does not include
seam allowance



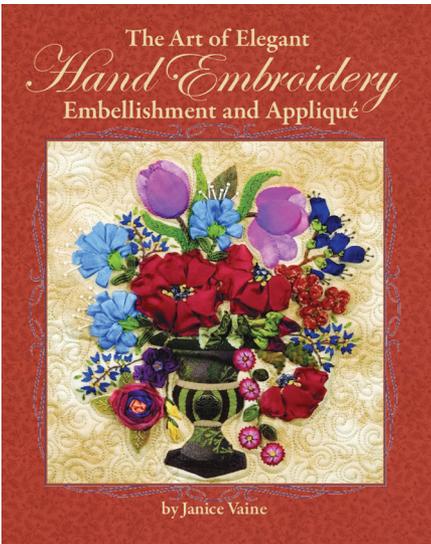
Flower template
Actual size



Welcome to
 “The Art of Elegant Hand Embroidery, Embellishment and Applique”

- ✓ Few supplies required
- ✓ Easy to follow “How To” illustrations and instructions
- ✓ Over a 160 basic and beyond stitches and techniques
- ✓ Hundreds of 4” blocks to practice techniques
- ✓ Twenty 8” blocks to inspire
- ✓ Four quilt patterns to showcase your needlework

Sample techniques from the book on the enclosed Dresden Plate pattern
 and you’ll be on your way to learning the next fun step in quilting!



The Art of Elegant
 Hand Embroidery,
 Embellishment and Appliqué
 by Janice Vaine



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